

## **Maimoatanga Uhi Karu (Occlusion)**

E pāngia ana tō tamaiti ki te Amblyopia, e mōhiotia whānuitia nei ko te karu māngere. Hei maimoa i te amblyopia, kua tūtohutia tō tamaiti ki te maimoatanga uhi karu.

Me mau rawa te uhi ki te karu

MATAU / MAUĪ

Mō te .....

Mēnā i tūtohutia te mau mōhiti, me mau i te wā e mau ana hoki te uhi.

He mea whaitake rawa te mahi ngātahitanga me te akiakitanga a ngā mātua i ngā momo maimoatanga uhi karu katoa.

Akiakitia tō tamaiti kia hīkaka tonu ki te mau uhi - ko te hua ko te painga ake o te tirohanga. He uaua pea kia mārama tō tamaiti, engari me kōrero pai ki a ia, ka whakatau i ētahi wātaka pēnei i tēnei, "ka tangohia tō uhi i te wā kai", whakamahia tētahi matawā rānei kia mau ai te uhi mō te wā e tūtohua ana.

Heoi ko te pou matua o te uhi angitu ko te:

- Noho tahi me te tamaiti
- Akiaki me te whakamahi
- Ngana kia pārekareka te mau uhi

Me whakarite kia tika te mau i te uhi mō te wā e tūtohua ana. Ki te iti iho i tērā ka heke te tūpono angitu o te maimoatanga.

Ākina tō tamaiti ki te mau haere i ōna mōhiti, i te wā e mau ana, e tango ana hoki te uhi.

Kia āhua mārō tonu koe ki tō tamaiti i te wā maimoa. Kāore e pai ki ētahi tamariki te mau uhi, engari koinei tonu te maimoatanga whaihua mō te karu māngere. Ki te kore e tika te maimoatanga i te raruraru i te wā e tamariki ana, i te wā waiwai, ka mau tonu taua raruraru mō ake tonu atu.

Me rite tonu tō haere ki ō toronga kia pai ai te āta tirohia o ngā maimoatanga. Ki te kore e turuki i a koe ngā toronga, ka tōroatia te maimoatanga, ā, ko te rerekētanga tērā o te angitu me te kore angitu.

### **ĒTAHI TŪPONOTANGA RARURARU**

Kia mataara, i te mea e mau uhi ana tō tamaiti, ka heke iho tāna i kite ai. Nā, me tino tūpato koe i te wā e tata ana tō tamaiti ki ngā huarahi, i te wā tākaro hoki.

Ki te kore e tika te mau o te uhi, ka whai whātarearetanga te tamaiti. Kia tika tō whakamahi i te uhi e tika ana te hanga mō tō tamaiti.

He wā anō ka whanake mai tētahi pānga pāwera kiri nā te uhi. Ki te pērā, tēnā whakapā atu ki te Tari Karu mō tētahi atu momo uhi.

Ina kite koe i tētahi panonitanga o te karepatanga o tō tamaiti i muri i te mau uhi, kōrerotia ki tō mātanga karu i tō toronga e whai ake ana.

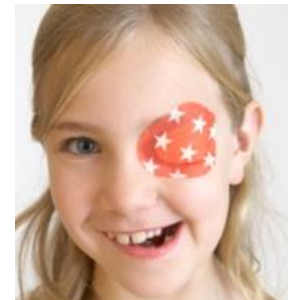
He wā anō ka tangohia te uhi, ka tirorua pea te tamaiti. Ki te pērā, whakamutua te whakamahi uhi ka whakapā atu ki tō Mātanga Karu.

He uaua ka kitea te hekenga o te tirohanga i te karu pai nā te mau uhi. Nā tēnei, he mea nui tonu te mau i te uhi i runga anō i ngā tūtohunga a te Mātanga Karu, me te haere ki ngā toronga katoa.

### **Ngā whiringa uhi**

#### **Uhi whakapiri**

Ka uhi i te karu ko ngā mōhiti i runga ake



#### **Uhi papanga**

Ka mau i runga i raro rānei i ngā mōhiti, ko ētahi i hoahoatia kia mau tika me ngā mōhiti.



E wātea ana i ngā hanganga maha, i ngā tae pārekareka me ngā tauira hoki.

E wātea ana i:

- Tō kēmehi tata
- I to Mātanga Mōhiti karu rohe me to community service card
- [www.eyepatch.co.nz](http://www.eyepatch.co.nz)
- [www.funeyepatchkitsforkids.com](http://www.funeyepatchkitsforkids.com)
- [www.fishpond.co.nz](http://www.fishpond.co.nz)
- [www.funeyepatchkitsforkids.com](http://www.funeyepatchkitsforkids.com)
- [www.aliexpress.com](http://www.aliexpress.com)
- [www.amazon.com](http://www.amazon.com)
- [www.kidseyegear.com.au](http://www.kidseyegear.com.au)
- [www.specklesforkids.com](http://www.specklesforkids.com)

## Micropore

Whakamahia tētahi tapawhā waetoru, wāhanga micropore rānei i waenganui kia kore ai e piri te tēpa ki te karu. E wātea ana i tō kēmehi tata.



## Ngā pukapuka tamariki mō te mau uhi:

My new eyepatch – Dawn P Rush  
The Patch - Justina Chen Headley  
The pirate of kindergarten – G.E. Lyon  
Jacobs eye patch – Beth Kobliner Shaw  
My Lazy Eye - Ayesha Haq  
Princess Pretty Patch nā Kerri Green  
Apple Patty Patches - nā Danielle Crul

Tēnā whakapā atu ki tō mātanga karu mēnā he raruraru āu, mēnā rānei he āhuatanga o tō maimoatanga kāore i mārama ki a koe.

Ingoa Mātanga Karu:

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Taipitopito whakapā:

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New Zealand Orthoptic Society Inc.



**Maimoatanga  
Amblyopia**  
(Uhi Karu)

Puka Mōhiohio Tūroro